FEELIN' NO PAIN

CHOREOGRAPHERS: VICKIE & PHILLIP SMITH
MUSIC: FEELIN' GOOD TRAIN, HONKY TONK BOOTS,
MAMA'S GOT A TATTOO, TENNESSEE GIRL
ALL BY SAMMY KERSHAW

32 COUNT, 2 WALL, LINE DANCE

STEPS DESCRIPTIONS

TRIPLE R, ROCK L, RETURN R
1&2   TRIPLE R TO R SIDE, R-L-R
3-4   ROCK L BEHIND, RETURN R

TRIPLE L, ROCK R, RETURN L
5&6   TRIPLE L TO L SIDE, L-R-L
7-8   ROCK R BEHIND, RETURN L

R SIDE ROCK, CROSS SHUFFLE
9-10  ROCK R TO R SIDE, RETURN L
11&12 ROSS SHUFFLE R-L-R, OVER L

L SIDE ROCK, CROSS SHUFFLE
13-14 ROCK L TO L SIDE, RETURN TO R
15&16 CROSS SHUFFLE L-R-L, OVER R

2 R MONTEREY TURN
17-20 POINT R, TOGETHER, WITH 1/4 TURN, POINT L, TOGETHER
21-24 POINT R, TOGETHER, WITH 1/4 TURN, POINT L, TOGETHER

2 L HIP BUMPS- 2R HIP BUMPS
25-28 BUMP HIPS TO L TWICE- BUMPS HIPS TO R TWICE
29-32 ROLL HIPS L-R, BUMP HIPS TO L TWICE

REPEAT DANCE & HAVE FUN!

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