

Harmony Stroll

Choreographed by Diane Jackson

Description: 48 count, beginner/intermediate partner/circle dance

Music: **When I Get Over You** by Joni Harms [92 bpm / Cowgirl Dreams]

The Heart That You Own by Dwight Yoakam [96 bpm / Last Chance For A Thousand Years / Reprise

Please Baby / If There Was A Way / Available on iTunes

I'll Just Take These by Dwight Yoakam [101 bpm / A Long Way Home]

Position: Right Skaters (Both facing the same direction, the lady is slightly in front of the man, both right hands rest on the lady's right hip, with left hands held in front at man's chest level), both on same foot pattern

Start dancing on lyrics

WALK FORWARD & POINT TWICE

1-4 Walk forward left, right, left, touch right to side

5-8 Walk forward right, left, right, touch left to side

ROCK STEP SHUFFLE, ROCK STEP SHUFFLE

9-10 Rock left forward, recover to right

11&12 Shuffle backwards on left, right, left

13-14 Rock right back, recover to left

15&16 Chassé forward right, left, right

Raise left hand, drop right

17-18 **MAN:** Step forward on left, rock right back

LADY: Step forward on left, pivot ½ turn right

19&20 **MAN:** Shuffle backward on left, right, left

Lady: continue turn to right on shuffle left, right, left

Traveling backwards, rejoin into right skaters

21-22 **BOTH:** Step back on right, rock left forward

23-24 Chassé forward right, left, right

LEFT GRAPEVINE, TOUCH, RIGHT GRAPEVINE, TOUCH

25-26 Step left to side, cross right behind left

27-28 Step left to side, touch right together

29-30 Step right to side, cross left behind right

31-32 Step right to side, touch left together

PIVOT ½ TURN, WEAVE, PIVOT ½ TURN

33-34 Step left forward, pivot ½ turn right, (do not release hands, you are now both facing RLOD in left skaters, with man on lady's right)

35-36 Step left foot over in front of right, step right to side

37-38 Cross left behind right, step right to side

39-40 Step left forward, turn ½ right (weight to right)

Drop left hand raise right over lady's head & rejoin in right skaters

FORWARD SHUFFLES X 4, MOVING OUT

41-48 Four forward shuffles starting with left foot, moving at a slight angle to outer edge of dance floor ready to start the dance again

REPEAT